



Curriculum Vitae

NAME	Theodora
SURNAME	Vasilogiannakopoulou
DATE OF BIRTH	01 March 1991
E-MAIL	dora-gr@hotmail.com

STUDIES

2008-2012: National & Kapodistrian University of Athens, Department of Physical Education and Sport Science (TEFAA).

Thesis: "Pulmonary and functional predictors of exercise capacity after respiratory rehabilitation in COPD patients"

2008: 6th Lyceum of Peiraius

RESEARCH EXPERIENCE

2010-....: Thorax Foundation, Ergometer test, body composition (BIA & skinfolds), ventilatory lung function tests, blood sampling for analysis and recording of lactic acidosis, optoelectronic plethysmography (OEP / BTS Bioengineering) for the analysis of lung changes in exercise. Ergospirometry for recording of respiratory gases, PhysioFlow (bioelectrical impedance with resistors).

2010-....: Respiratory Rehabilitation Program in Patients with Chronic Obstructive Pulmonary Disease, Hospital Evangelismos and Sotiria

PUBLICATIONS IN CONFERENCES

- **Recruitment pattern of respiratory muscles during walking in active and less active COPD patients**

M. Vasilopoulou, E. Kortianou, Z. Louvaris, S. Spetsioti, I. Nasis, A. Asimakos, **T.Vasilogiannakopoulou**, S. Zakinthinos, I. Vogiatzis

3rd Congress of Biochemistry and Physiology of Exercise 8 & 9 November 2013 Athens

- **Relationship of mMRC and CAT scores in COPD patients**

G.Kaltsakas, N.Rovina, M.Symiakakis, **T.Vasilogiannakopoulou**, A.Travlos, K.Vlachos, I.Vogiatzis, N.G.Koulouris,

ERS 23th BARCELONA 7-11 september 2013

- **Pattern of respiratory muscle recruitment during walking in active and less physically-active COPD patients**

M. Vasilopoulou, E. Kortianou, Z.Louvaris, S. Spetsioti, I. Nasis, A. Asimakos, **T.Vasilogiannakopoulou**, S. Zakynthinos, I. Vogiatzis

ERS 23th BARCELONA 7-11 september 2013

- **Pulmonary and functional predictors of exercise capacity after respiratory rehabilitation in COPD patients**

T. Vasilogiannakopoulou, Z. Louvaris, V. Andrianopoulos, M. Vasilopoulou, I. Nasis, S. Spetsioti, G. Kaltsakas, E. Kortianou, N.G. Koulouris, I. Vogiatzis

2nd Congress of Biochemistry and Physiology of Exercise 12 & 13 October 2012, Athens

- **Monitoring physical activity and hemodynamic changes during exercise in COPD patients with GOLD stages II to IV**

E. Kortianou, Z. Louvaris, M. Vasilopoulou, I. Nasis, V. Andrianopoulos, **T. Vasilogiannakopoulou**, G. Kaltsakas, M. Alchanatis, N.G Koulouris, I. Vogiatzis

2nd Congress of Biochemistry and Physiology of Exercise 12 & 13 October 2012, Athens

- **Effect of interval training on the BODE index, SF-36, EuroQol and St-George's Respiratory Questionnaires scores in COPD patients across GOLD stages I-IV**

Vasileios Andrianopoulos, Stavroula Spetsioti, Alexandra Chatzi, Nikolaos Chinkiamis, Ioannis Nasis, **Theodora Vasilogiannakopoulou**, Anastasia Panagopoulou, Emmanouela Kostaki, Georgia Koutsoflini, Nikolaos Koulouris and Ioannis Vogiatzis

ERS 22th VIENNA 1-5 september 2012

- **Investigation of the relationship between Intensity of Physical Activity and respiratory parameters during Exercise in COPD Patients**

Kortianou E., Louvaris Z., Vasilopoulou M., Nasis I., Andrianopoulos V., **Vasilogiannakopoulou T.**, Spetsioti S., Kaltsakas G., Alchanatis M., Koulouris N.G., Vogiatzis I.

University of Athens, TEFAA, Congress "Research and Applications in Sports Science", 6-8 May 2011

- **Correlation of Physical Activity and Respiratory Parameters During Exercise in COPD Patients**

Eleni Kortianou, Zafeiris Louvaris, Maroula Vasilopoulou, Stavroula Spetsioti, Ioannis Nasis, Vasilis Andrianopoulos, **Theodora Vasilogiannakopoulou**, Giorgos Kaltsakas, Manos Alchanatis, Nikos G. Koulouris, Ioannis Vogiatzis

20th National Congress of Chest Diseases ATHENS 24-27 November 2011

- **Combining physical activity monitoring and cardiac output during exercise in COPD patients with GOLD stages II-IV**

Eleni Kortianou, Ioannis Vogiatzis, Zafeiris Louvaris, Maroula Vasiolopoulou, Ioannis Nasis, Vasilis Andrianopoulos, **Theodora Vasilogiannakopoulou**, Giorgos Kaltsakas, Manos Alchanatis, Nikolaos G.Koulouris

ERS 21th AMSTERDAM 24-28 september 2011

SEMINARS-TRAINING

Jun2010: 14th State-Of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care

Athens, Greece

Apr2011: 15th State-Of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care

Athens, Greece

12-13October2012: 1st Tutorial of Clinical Exercise Physiology and Therapeutic Exercise, Greek Society of Biochemistry and Exercise Physiology

19-21April2013: 2nd Congress of Sport Science, Exercise & Health, TEFAA, Athens

SKILLS

English Lower-Michigan and IELTS

French Delf B2

PROFESSIONAL COMPANIES

2012: Hellenic company Biochemistry and Physiology of Exercise.

2013: : European Respiratory Society (ERS)